Silencing Response Scale (Baranowsky, 2011)

INSTRUCTIONS: This scale was developed to help caregivers identify specific communication struggles in their work. Choose the number that best reflects your experience using the following rating system, where 0 signifies rarely or never and 10 means very often. Answer all items to the best of your ability as they reflect your feelings over the previous two work weeks.

<table>
<thead>
<tr>
<th>Rarely/Never</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10 = Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sometimes</td>
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</tbody>
</table>

(1) ___ Are there times when you believe your client is repeating emotional issues you feel were already covered?
(2) ___ Do you get angry with client(s)?
(3) ___ Are there times when you react with sarcasm toward your client(s)?
(4) ___ Are there times when you fake interest?
(5) ___ Do you feel that listening to certain experiences of your client(s) will not help?
(6) ___ Do you feel that letting your client talk about their trauma will hurt them?
(7) ___ Do you feel that listening to your client's experiences will hurt you?
(8) ___ Are there times that you blame your client for the bad things that have happened to them?
(9) ___ Are there times when you are unable to believe what your client is telling you because what they are describing seems overly traumatic?
(10) ___ Are there times when you feel numb, avoidant or apathetic before meeting with certain clients?
(11) ___ Do you consistently support certain clients in avoiding important therapeutic material despite ample time to address their concerns?
(12) ___ Are there times when sessions do not seem to be going well or the client's treatment progress appears to be blocked?
(13) ___ Do you become negatively aroused when a client is angry with you?
(14) ___ Are there times when you cannot remember what a client has just said?
(15) ___ Are there times when you cannot focus on what a client is saying?

TOTAL = _______